

The Parish
Eucharist
on
The Third
Sunday before Lent

Sunday, 5 February, 2023

9.00am

To encourage us to enter more deeply into our worship we are having regular Liturgy and Worship meetings at the beginning of each new season. This occasional page will explore different aspects of our worship together.

Common Worship is the name given to the collection of books, services and prayer which the Church of England has used since the year 2000.

Liturgy

The two major headings in the Common Worship Holy Communion service (also called *The Eucharist* or *The Lord's Supper*) are *Liturgy of the Word* and the *Liturgy of the Sacrament*. We worship God in many different ways: at home on our own or with family; in small groups with other members of Church e.g. study groups. *Liturgy* is the word we use to describe the worship of the whole people of God when we come together on a Sunday or other important day. *Liturgy* is often described as the *work of the people* – it is something we all do together.

President

When the Church of England compiled the *Alternative Service Book* in 1980 a long time was spent trying to find a word to describe the person who leads the service. One fact is clear – the person has to be a priest. However, it was thought that a word was required not to describe what the person *is*, but what the person *does*. The entire congregation *celebrates*, and within that the priest has a unique role: to *preside* over the worship, hence the name *President*.

[Our sisters and brothers in other denominations had the same struggle – the Methodists settled on *presiding minister* and the Roman Catholics on *presider*.]

Collect

The Church has been praying in the form of Collects for over 1500 years. In *Common Worship* as in the *Book of Common Prayer* there are different Collects for each Sunday and special day. The Collect comes at the end of the *Gathering* part of the service when the president gathers together (collects) our thoughts and prayers into one prayer: the *Collect*. We are then ready to hear God's word in the *Liturgy of the Word*.

The Seasons

The Church's year, often called *The Calendar*, is made up of a number of different seasons, each with its own liturgical colour. Currently we are in the season of *Ordinary Time*, which runs from the period between *The Presentation of Christ in the Temple* (Candlemas) until *Lent*, and the period of *Sundays after Trinity* until we reach *Advent*. The seasonal colour is green, and in the Cathedral we use Eucharistic Prayers G and F at our celebrations.

Welcome to this morning's service

The President and Preacher is
The Dean
The Very Reverend Peter Howell-Jones

The service is sung by the
The Cathedral Youth Choir
Directed by
Helen Davies

The setting for the service is
A Blackburn Mass by James Davy

Preparation

For individual use before the service begins.

Old Testament Reading

(Isaiah 58.1-9a [b-12])

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,
to the house of Jacob their sins.

Yet day after day they seek me

and delight to know my ways,

as if they were a nation that practised righteousness

and did not forsake the ordinance of their God;

they ask of me righteous judgements,

they delight to draw near to God.

'Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?'

Look, you serve your own interest on your fast-day,

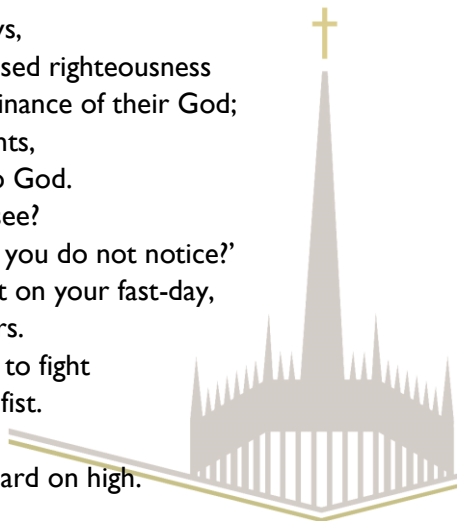
and oppress all your workers.

Look, you fast only to quarrel and to fight

and to strike with a wicked fist.

Such fasting as you do today

will not make your voice heard on high.



Is such the fast that I choose,
a day to humble oneself?
Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?
Will you call this a fast,
a day acceptable to the Lord?

Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?
Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?
Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the Lord shall be your rearguard.
Then you shall call, and the Lord will answer;
you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you,
the pointing of the finger, the speaking of evil,
if you offer your food to the hungry
and satisfy the needs of the afflicted,
then your light shall rise in the darkness
and your gloom be like the noonday.
The Lord will guide you continually,
and satisfy your needs in parched places,
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters never fail.
Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach,
the restorer of streets to live in.

The Gathering

Please stand to sing

Processional

SHARPTHORNE



What does the Lord require
for praise and offering?
What sacrifice desire
or tribute bid you bring?
Do justly,
love mercy;
walk humbly with your God.

Rulers of earth, give ear!
Should you not justice know?
Will God your pleading hear,
while crime and cruelty grow?
Do justly,
love mercy;
walk humbly with your God.

Leaders of wealth and trade.
all you for whom folk toil,
think not to win God's aid,
if lies your commerce soil.
Do justly,
love mercy;
walk humbly with your God.

Still down the ages ring
the prophet's stern commands.
To merchant, worker, king,
he brings God's high demands.
Do justly,
love mercy;
walk humbly with your God.

How shall our life fulfil
God's law so hard and high?
Let Christ endue our will
with grace to fortify.
Then justly, in mercy;
we'll humbly walk with God.

Albert F. Bayly (1901–1984)

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The Greeting

The president greets the people

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you
and also with you.

The president introduces the celebration.

The Prayer of Preparation

Almighty God,
to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

The Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ to save us from our sins,
to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.**

The president says

Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

The Gloria

*The choir sings the refrain first which is then repeated at once by everyone
and sung again after each section as indicated.*



Lord God, heavenly King,
almighty God and Father.
We worship you, we give you thanks,
we praise you for your glory.

**Glory to God in the highest,
and peace to his people on earth.**

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us.

You are seated at the right hand of the Father:
receive our prayer.

**Glory to God in the highest,
and peace to his people on earth.**

For you alone are the Holy One,
you alone are the Lord,
For you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God
in the glory of God the Father.

**Glory to God in the highest,
and peace to his people on earth.**
Amen.

The Collect

Let us pray.

Silence is kept – please remain standing

Israel's jealous God,
giver of love's law,
in whom there is no blandness,
no dullness of oppression;
liberate us
from all that numbs compassion
to find in your commands
light undimmed
and flavour unrestrained;
through Jesus Christ, fulfiller of the law.
Amen.

Please sit down

The Liturgy of the Word

New Testament Reading

Read by Zak Insingoma

(1 Corinthians 2.1-12 [13-16])

A reading from the first letter of Paul to the Corinthians.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

‘What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him’

– these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

‘For who has known the mind of the Lord
so as to instruct him?’

But we have the mind of Christ.

This is the word of the Lord

Thanks be to God.

Please stand to sing

Gradual hymn

BOW BRICKHILL 94



We sing the praise of him who died,
of him who died upon the cross;
the sinner's hope though all deride,
for this we count the world but loss.

Inscribed upon the cross we see
in shining letters, 'God is love';
he bears our sins upon the tree;
he brings us mercy from above.

The Cross! it takes our guilt away:
it holds the fainting spirit up;
it cheers with hope the gloomy day,
and sweetens every bitter cup.

It makes the coward spirit brave,
and nerves the feeble arm for fight;
it takes its terror from the grave,
and gilds the bed of death with light:

The balm of life, the cure of woe,
the measure and the pledge of love,
the sinner's refuge here below,
the angels' theme in heaven above.

Thomas Kelly (1769-1855)

Please remain standing for the Gospel reading.

The Gospel

(Matthew 5.13-20)

Hear the Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, O Lord.

Jesus said to the crowds 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

The Very Reverend Peter Howell-Jones

There is a period of silence after the sermon for reflection.

Please stand with the president for

Affirmation of Faith

Let us declare our faith in God

All **We believe in God the Father,
from whom every family
in heaven and earth is named**

**We believe in God the Son,
who lives in our hearts through faith
and fills us with his love.**

**We believe in God the Holy Spirit
who strengthens us
with the power from on high.
We believe in one God;
Father, Son and Holy Spirit.
Amen.**

The president invites the congregation to kneel or sit down.

The Prayers of Intercession

Led by Linda Cronshaw

This response is used

Lord in your mercy,
hear our prayer.

Those who are unwell,

Arthur Blundell, Bohdi Broderick, David Morris, Deacon Thomson,
Doreen Lowe, Jeanette, Jordan Hudson, Juliet Stansfield, Karen Kennedy, Lisa,
Lorraine Aldritt, Lynn Martin, Martyn Strickett, Stephanie Wilson,
Stuart Roberts, Sue Penfold and Zack Kerr;

or those who mourn, and remembering those who have died recently,

Graham Grove, Michael Stone and Ruan Crighton;

and those whose anniversaries fall this week,

Philip McClumpha, Philip Wilson (6), Charles Potts (7),

Elizabeth Bromley (8), Edgar L S Walker (10),

Frank Leslie Moore, William Caddick, and Pauline Farquar (11).

[numbers are days of the month]

And at the end:

Merciful Father,
**accept these prayers
for the sake of your Son
our Saviour, Jesus Christ.
Amen.**

Please stand with the president for the peace

The Liturgy of the Sacrament

The Peace

The president introduces the Peace and then says

The peace of the Lord be always with you.
and also with you.

Let us offer one another a sign of peace.

Please do not move around when offering a greeting to those near you and be mindful of those who may wish to keep their distance.

Please give what you prayerfully can in the collection basket. You may prefer to use the collection point on the way out or use the Cathedral's Just Giving scheme which you can access using the QR code provided here.

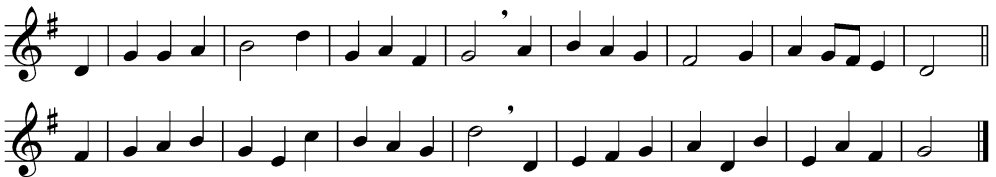
If you are a UK tax payer please use and sign the blue gift aid forms provided on your chair. Please do consider joining the Parish Giving Scheme.



Preparation of the Table

Please remain standing to sing

Offertory HANOVER 433



The kingdom of God is justice and joy,
for Jesus restores what sin would destroy;
God's power and glory in Jesus we know,
and here and hereafter the kingdom shall grow.

The kingdom of God is mercy and grace,
the lepers are cleansed, the sinners find place,
the outcast are welcomed God's banquet to share,
and hope is awakened in place of despair.

The kingdom of God is challenge and choice,
believe the good news, repent and rejoice!
His love for us sinners brought Christ to his cross,
our crisis of judgement for gain or for loss.

God's kingdom is come, the gift and the goal,
in Jesus begun, in heaven made whole;
the heirs of the kingdom shall answer his call,
and all things cry glory to God all in all!

Bryn Rees (1911-1983)

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Taking of the Bread and Wine

To you we come, Father of lights,
with angels and saints, where heaven and earth unite.
May Jesus meet us in the breaking of the bread.

Amen.

Eucharistic Prayer

The Lord is here.

His Spirit is with us.

Lift up your hearts

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

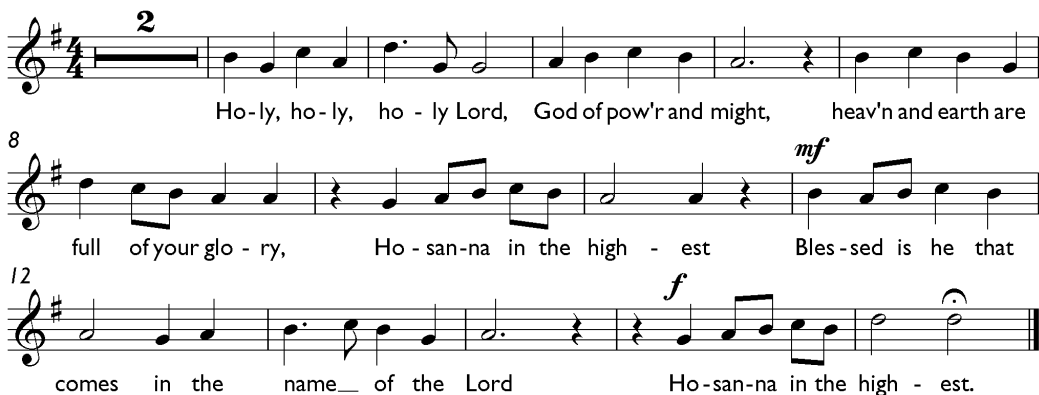
Blessed are you, Lord God,
our light and our salvation;
to you be glory and praise for ever.

From the beginning you have created all things
and all your works echo the silent music of your praise.

In the fullness of time you made us in your image,
the crown of all creation.

You give us breath and speech, that with angels and archangels
and all the powers of heaven
we may find a voice to sing your praise:

Everyone sings



2
Ho-ly, ho-ly, ho-ly Lord, God of pow'r and might, heav'n and earth are

8 *mf*
full of your glo-ry, Ho-san-na in the high-est Bles-sed is he that

12 *f*
comes in the name_ of the Lord Ho-san-na in the high-est.

How wonderful the work of your hands, O Lord.

As a mother tenderly gathers her children,

you embraced a people as your own.

When they turned away and rebelled

your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,

to be the living bread,

in whom all our hungers are satisfied.

He offered his life for sinners,

and with a love stronger than death

he opened wide his arms on the cross.

On the night before he died,

he came to supper with his friends

and, taking bread, he gave you thanks.

He broke it and gave it to them, saying:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

At the end of supper, taking the cup of wine,

he gave you thanks, and said:

Drink this, all of you; this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

Jesus Christ is Lord

Lord, by your cross and resurrection

you have set us free.

You are the Saviour of the world.

Father, we plead with confidence
his sacrifice made once for all upon the cross;
we remember his dying and rising in glory,
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you
these gifts of your creation;
may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence,
form us in the likeness of Christ,
and build us into a living temple to your glory.

Bring us at the last with Mary, Paul and all the saints
to the vision of that eternal splendour
for which you have created us;
through Jesus Christ, our Lord,
by whom, with whom, and in whom,
with all who stand before you in earth and heaven,
we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

The Lord's Prayer

Joining our prayers with those of the Church Universal, so we
say, each in our own language, the prayer our Saviour taught us,

**Notre père, qui es aux cieux ... Missierna, li inti fis-smewwiet...
Vater unser im Himmel ... Padre nosso, que estais nos céus...
Padre nostro che sei nei cieli ... Ojczy nasz, któryś jest w niebie...
Otče náš, jenž jsi na nebesích ... ي السَّمَاوَاتِ،
Têve Mūsū, kuris esi danguje! ... Ein Tad, yr hwn wyt yn y nefoedd...
Tatal nostru care esti in ceruri ...**

**Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.**

**And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever.
Amen.**

The Breaking of the Bread

The president breaks the consecrated bread, saying:

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

The Giving of Communion

The president says

Draw near with faith. Receive the body of our Lord Jesus Christ
which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you,
and feed on him in your hearts by faith with thanksgiving.

*When you are ready to receive communion please approach the president in single file
and return to your seat by one of the side aisles.*

Communion is in one kind only, and the minister distributing communion will say

The body of Christ.
Amen.

If you, or someone with you would like a blessing, please ask.

While you are waiting to go for communion you may wish to sit down.

During communion

The choir sings

I will sing with the spirit,
alleluia, alleluia
and I will sing with the understanding also

alleluia, alleluia
and I will sing with the understanding also
alleluia, alleluia.

John Rutter (b. 1945)

Silence is kept.

Prayer after Communion

Merciful Father,
who gave Jesus Christ to be for us the bread of life,
that those who come to him should never hunger:
draw us to the Lord in faith and love,
that we may eat and drink with him
at his table in the kingdom,
where he is alive and reigns, now and for ever.
Amen.

Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.

Please stand.

The Dismissal

The president pronounces God's blessing

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

The Organ Voluntary

Trumpet Voluntary

*John Stanley (1712-86),
arr. Henry Coleman (1888-1965)*

[Organist of Blackburn Parish Church 1912-1914]

Notices for the Week beginning Sunday, 5 February, 2023

Flowers today are given by Mihaela Mladin in loving memory of her father Vasile.

Choral Evensong Today

4.00pm

Stanford in G
Ave Maris Stella - Grieg

Responses *Leighton*
Psalm 4

Next Sunday *The Second Sunday before Lent*

Old Testament reading Genesis 1.1 - 2.3

Psalm 136.1-9

New Testament reading Romans 8.18-25

Gospel Reading Matthew 6.25-34

Use this QR
code for the
Feb music list.



Baptism, Confirmation and Reception into the Church of England

For adults Confirmation is a special church service in which they confirm the promises that were made by parents and godparents on their behalf at their baptism. For those who come to faith as adults and are ready to affirm these promises for themselves, committing their lives to following Jesus Christ, baptism takes place at the same time as confirmation. Easter is a good time of year for everyone to renew baptismal promises and for those new to the journey of faith to be baptized and confirmed.

If you are an adult who wishes to be confirmed this Easter at the Vigil Service on Saturday 8 April 2023 at 8.00pm please speak to one of the clergy. And if you know of a child who would love to be baptized or confirmed, again, please speak with the clergy. If you have been baptized and or confirmed in another denomination and would like to be received into the Church of England, again , please have a conversation with someone.

Friends lunchtime talks.

The next meeting will take place at 12 noon on Tuesday 21st February in the library at the cathedral. Mrs Jean Pratt will speak on her life as a female cricket umpire “ A woman in a mans’ world.” Please join us for an interesting and no doubt amusing talk. This will be followed by lunch at 1pm in the Temple Gallery –cost £15. To book please e-mail secretary @fobc.info or write to Friends of Blackburn Cathedral, 10 Cathedral Close, Blackburn, BBI 5AA.

Blackburn Foodbank in February

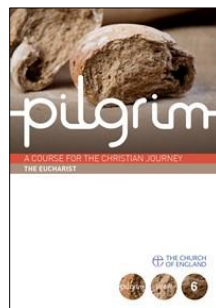
During February we are collecting **FEMALE SANITARY PRODUCTS**. If you can afford to give, please add it to your weekly or monthly shopping list and donate.

Checks & Greys

Checks & Greys is now open from Monday to Saturday (8.30-4.30pm) and, from 5 Feb, Sundays (9.30-3.00pm) as well as a special event on 11 Feb.

Study Groups in the Spring

In the three months before Advent 2022 the Cathedral's study groups engaged with a Church of England's Pilgrim course book, **The Eucharist**. The course books were provided by the Cathedral. There is also an accompanying short video for each session. Three sessions were completed in the Autumn, which leaves three to be undertaken in the New Year.



There will again be a Monday night group hosted online by Christiane Bode, a group in the Cathedral Conference suite on Fridays at 1.00pm (following the optional Eucharist at 12.30pm) hosted by Canon James Lawrence and a Wednesday evening group in the Cathedral Conference suite hosted by Canon Gary O'Neill. The Monday and Friday groups will follow the Pilgrim material as published. At the Wednesday group Gary will offer more detailed discussion on aspects of the Eucharist drawing upon his liturgical and teaching experience.

It is *not* necessary to have participated in the Autumn groups to join in the Spring sessions – everyone is welcome to come to any of the advertised sessions.

Session Four

Mon	6 Feb	at 7.00pm <i>online via Zoom</i>
Wed	8 Feb	at 7.30pm at the Cathedral
Fri	10 Feb	at 1.00pm in the Cathedral Conference Suite

Session Five

Mon	6 March	at 7.00pm <i>online via Zoom</i>
Wed	8 March	at 7.30pm at the Cathedral
Fri	10 March	at 1.00pm in the Cathedral Conference Suite

Session Six

Mon	17 April	at 7.00pm <i>online via Zoom</i>
Wed	19 April	at 7.30pm at the Cathedral
Fri	21 April	at 1.00pm in the Cathedral Conference Suite

In addition Gary will offer a standalone session exploring the seasons of Holy Week and Easter as part of his regular *Liturgy and Worship* meetings.

Holy Week and Easter

Wed 29 March at 7.30pm
in the Cathedral Conference Suite

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